

GLAZED HOLIDAY CARROTS

Ingredients

1. 3 (1 lb.) c. carrots, sliced
2. 1/4 c. oleo (Promise)
3. 1/3 c. maple syrup
4. 1/2 tsp. ginger
5. 1/4 tsp. orange peel, grated
6. Parsley, chopped

Instructions

1. Cook carrots in 1 inch boiling water 10 to 20 minutes or until tender. drain.
2. In small saucepan, melt oleo,
3. Stir in syrup, ginger and orange peel,
4. Cool 1 minute -
5. Pour glaze over carrots, stir,
6. Garnish with chopped parsley.