

CHEESE SAUCE

Ingredients

1. 6 tbsp. butter
2. 3 c. milk
3. 1 tsp. salt
4. Pinch of cayenne pepper
5. 1 tsp. dry mustard
6. 6 tbsp. flour
7. 2 1/4 c. mild grated cheese
8. 1/4 tsp. paprika

Instructions

1. Melt butter and stir in flour until well blended.
2. Stir the milk in slowly.
3. When the sauce is smooth, add cheese and seasonings.
4. Use on top of vegetables or as a base for casseroles.