

MEAT LOAF IN SAUCE

Ingredients

1. 2 lbs. Ground Beef, or Pork or Veal or Mixed
2. 3 Eggs, beaten
3. 2 tblsp. Chopped Dry Onion
4. 1/2 tsp. Minced Garlic
5. 1 tblsp. Worcestershire Sauce
6. 1/3 cup Minced Parsley
7. 1/4 tsp. Hot Sauce
8. 1 c. Cracker Crumbs, Bread Crumbs or Oatmeal
9. 1 tsp. Salt
10. 1/2 c. Tomato Sauce or Milk
11. 1 tblsp. dried green peppers
12. 1/2 tsp. Savory
13. 2 tblsp. sugar
14. 1/2 tsp. Thyme
15. 1/2 tsp. ground black pepper
16. 1 tsp. mustard

Instructions

1. Mix well using mixer and dough hook if possible.
2. Form into loaf or pack into greased loaf pan.
3. Make Sauce (below)
4. Put a little sauce on top of loaf.
5. After baking and slicing, pour balance of sauce over meat loaf

Ingredients

1. 1/2 cup Tomato Ketchup
2. 4 tsp. Red Wine Vinegar
3. 4 tblsp. Brown Sugar
4. Mix sauce ingredients., heat to boiling.